

MENTAL HEALTH UNIT RESEARCH

Infographic and Flipboard

Topics to consider for the Infographic and Flipboard Magazine.

Each of the articles addresses a specific cultural group.

CULTURE OVERVIEW

- **Demographics:** Gather information on regions in the U.S. where the particular culture might be more populated, also make note of the median income for that culture which might affect accessibility to mental health care. Age might also affect attitudes towards mental health and seeking help.
- **Customs:** Helps to give an overview of family dynamics, seasons and situations which might either create feelings of isolation or community and support. Consider the following: holidays, celebrations that might be observed more in the assigned culture, and foods associated with the culture.
- **Discrimination:** FBI statistics on discrimination the people in that culture might experience. This is sometimes an additional factor in mental health, stress and anxiety.
- **Mental Health Information:** the articles provided will help provide some of the following information: Attitudes towards mental health, diagnosis, treatment, availability...

INFOGRAPHIC

- Students will [CREATE AN INFOGRAPHIC](#) (there are also tutorials on You Tube) [YOUTUBE TUTORIAL ON POWERPOINT INFOGRAPHIC](#) to display the responses to the research questions.
- The infographic will show the information gathered regarding the culture or topic researched.

CULMINATING ASSIGNMENT

FLIPBOARD Mental Health Magazine

In groups, students will create a Flipboard online mental health magazine.

The Flipboard will include:

1. The infographic
2. The Precis
3. Articles that further explore the topic of mental health with the group's focus of interest. There are several additional articles in this unit. Click on the [RESOURCES] tab. You might also find helpful articles on Flipboard or by group online research. Look for articles that are funded by the government, or personal experience presentations that offer insight or enhance the researched information.

HOW TO CREATE YOUR OWN FLIPBOARD MAGAZINE FOR MENTAL HEALTH:

PREPARING TO CREATE YOUR FLIPBOARD MAGAZINE.

- **Go To:** [FLIPBOARD TOOLS](#) Click on the icon that read [Flip it] and drag it to your tool bar. This will allow you to easily “flip” add articles and sound cloud music into your magazine.

- **DOWNLOAD THE FLIPBOARD APP**



NOW YOU ARE READY.

Go To: [Flipboard Sign In](#). You can either sign in with you Google Account or create a Username and Password.

- In the upper right hand corner click on the icon that identifies your account.
- In the top tool bar to the right click on the pencil icon.
- Create your magazine where it reads [New Magazine]. Create a title for your magazine.
- There are many examples of Flipboard Magazines that you can browse for ideas or even articles that you might want to use.

HOW TO PUT ARTICLES INTO YOUR MAGAZINE.

When you find an online article that you want to include in your mental health magazine, simply **Click on the + Flip It** on your task bar and it will be added to your magazine.

Organizing: You can move articles around in any order you choose.

Note: Sometimes there is a short delay between the time you flip an article or song into the Flipboard magazine and when it appears. Also, there is an app for the phone which seems to work more efficiently.