

**Please follow the directions and take the three Tests for
Age – Skin-tone and Weight.**

IAT TEST AND DISCUSSION:

- Go to the following website: [IMPLICIT ASSOCIATION TEST](#)
- GO TO THE BOTTOM OF THE PAGE and
- CLICK ON “I WISH TO PROCEED” and
- CHOOSE THE AGE IAT.
- Before you take the test, you will be asked a series of questions.
- You do not need to sign up, but you do need to respond to the questions.
- At the end of the test it will give you the results – You do not need to write down the percentages but write down which one you had more of a preference to and whether the preference was
- mild / moderate / strong
-

WHEN YOU FINISH IT WILL ASK YOU IF YOU WANT TO TAKE ANOTHER TEST

CHOOSE THE NEXT CATEGORY (SKIN-TONE). FOLLOW THE SAME INSTRUCTIONS.

FOR THE THIRD ONE CHOOSE WEIGHT. WE WILL DISCUSS THE QUESTIONS OR YOU CAN WRITE YOUR RESPONSES TO HELP YOU REMEMBER BEFORE WE HAVE OUR DISCUSSION.